

Training Name	Description	Target Audience	Status
Special Education Law	In order to be effective when advocating for your child's education, you need to understand the laws that can impact their educational experience. This training will provide an overview of Individuals with Disabilities Education Act, Section 504 of the Rehabilitation Act of 1973, the Family Educational Right to Privacy Act, the American's with Disabilities Act, and No Child Left Behind.	Parents and professionals involved in the education of a child with special needs.	One module of the primary four trainings all parents are encouraged to attend. Scheduled at regular intervals in all regions of the state.
Understanding the IEP Process	Your child's IEP is the cornerstone of their education. This workshop offers an in-depth look at the evaluation process, qualifying for an IEP, the many components that must be addressed in the IEP document, as well as how progress will be monitored. As a result of this training, parents will gain a better understanding of their role as an equal participant in the IEP Process and their responsibilities as IEP team members.	Any parent (or professional) with a child that is receiving special education.	One module of the primary four trainings all parents are encouraged to attend. Scheduled at regular intervals in all regions of the state.
Dispute Resolution Processes	Sometimes the best way to solve a problem is to prevent it in the first place. Through this training you will learn strategies to prevent problems from arising in the first place through documentation and letter writing. Also covered are the resolution processes included in the Individuals with Disabilities Education Act as well as Section 504 of the Rehabilitation Act of 1973.	Parents and professionals involved in the education of a child with special needs.	One module of the primary four trainings all parents are encouraged to attend. Scheduled at regular intervals in all regions of the state.
Effective Advocacy	If you have, or work with a child with a disability, this training is for you. Learn the importance of keeping and organizing your child's records, as well as what information needs to be in your child's file. We will also discuss how to communicate more effectively with your child's school district and the importance of working collaboratively to solve problems.	Any parent (or professional) with a child that is receiving special education.	One module of the primary four trainings all parents are encouraged to attend. Scheduled at regular intervals in all regions of the state.
IDEA Boot Camp	This is a multi-session training that includes Special Education Law, Understanding the IEP Process, and Dispute Resolution Processes	Parents and professionals involved in the education of a child with special needs.	1-day training that incorporates the basic set of trainings. Given as requested or needed throughout state.

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Parent Mentor Program	MPACT's Mentoring Program is designed for those individuals who have a commitment to helping others. MPACT mentors assist other parents by helping them prepare for meetings with their child's school, organizing files, focusing on what the true issues are, or by attending IEP meetings with parents. The purpose of this program is not to do things for a parent, but to assist and empower them so that they may become better advocates for their children. To qualify for this program you must attend trainings on Special Education Law, The IEP Process, Dispute Resolution Processes, and The Art of Effective Advocacy. You will be required to submit needed documentation and receive on-going training and support from MPACT staff. This is a rewarding and empowering program designed to help others in their quest to receive appropriate services for their children.	Parents and professionals that wish to assist parents with children receiving special education.	Ongoing as needed throughout the state.
Measurable Goals & Objectives	Learn how to write individualized and measurable educational goals and objectives for your child as well as track your child's progress with this easy to understand training for parents of children with disabilities.	Parents and professionals involved in IEP development	Available as scheduled by request.
IDEA PART C TO B	This workshop is designed to help parents of young children make a smooth transition from IFSP (Part C of IDEA) services to IEP (Part B of IDEA) services. Learn when the transition process should begin, what the difference in services will be, as well as the difference in qualification criteria.	Parents and professionals involved in the education of a young child with special needs.	Scheduled on a regular basis throughout the state.
NCLB	This workshop offers an in-depth look at the NCLB and the many components that address children receiving special education, as well as how AYP and school improvement will be monitored. As a result of this training, parents will gain a better understanding of their role in the implementation of NCLB.	Parents and professionals	Scheduled on a regular basis throughout the state.

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Transition to Empowered Lifestyles (TEL)	<p>In this five-module workshop participants learn to take a person-centered approach to making decisions. Individuals with disabilities are individuals first. Learn how to truly ask what they want of life and how can we assist them in their endeavor. Modules include Self-Determination, Person Centered Planning, Transition Planning, Benefits and Work Incentives, and Navigating the Systems.</p> <p><b><u>Self-Determination</u></b> This module examines the values and principles that are the foundation of self determined and self directed transition planning. Activities include exploration of what self determination is, self advocating communication and future life goals as well as examining possible barriers (financial, support resources, system-based).</p> <p><b><u>Person Centered Planning</u></b> Provides framework to support self determination in creating a lifestyle of person's choosing. Provides strategies that will help develop relationships and supports leading to community life and desirable futures.</p> <p><b><u>Quality Transition Planning</u></b> This module provides instruction in utilizing the transition planning components of IDEA as a tool and process to attain postsecondary goals. It includes a review of IDEA Transition requirements and processes, Understanding Your Rights and Responsibilities, Working collaboratively, Translating Person Centered Plans into Transition Plans.</p> <p><b><u>Benefits and Work Incentives</u></b> Provides an overview of Social Security benefits with and in depth exploration of Work Incentives including Earned Income Exclusion, Student Earned Income Exclusion, Blind Work Expense and Impairment Related Work Expenses; Plan for Achieving Self Support (PASS), and continued Medicaid and SSI eligibility.</p> <p><b><u>Navigating the Systems</u></b> Explores state and local systems of support available to support transition from school to community. Includes strategies to identify and access needed supports and services, identify best practice related to employment and community living supports, identify quality providers, and to use generic supports in community.</p>	Parents and teens/young adults (and professionals) that are engaged in planning post secondary outcomes.	Scheduled on a regular basis throughout the state or in response to requests.
Building a Bridge to the Future	Self-determination is a necessary element for students to make informed life choices. This workshop is for both student and parents. It provides an introduction to the planning process and a "how to" approach to ensure students, families and community services are involved in transition decision making.	Parents, teens/young adults and professionals.	Scheduled as requested.

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Solving the Employment Puzzle for Youth with Disabilities	This training centers on employment for youth with disabilities by presenting two distinct strands: self determination and “do it yourself” strategies for parents and concrete information about employment and how to access adult services for teens/young adults. Curriculum is tailored from region to region to local service delivery systems, youth programs and employment resources.	Parents and teens/young adults	This is a brand new training – will be scheduled on request this year and then become a regularly scheduled training.
Positive Behavior Interventions	Recently updated to reflect the changes that IDEA 2004 has brought, parents and teachers will be taught a different way to think about problem behavior. More often than not behaviors are a form of communication. With this training you will learn the importance of a Functional Behavioral Assessment, how to reinforce positive behavior as well as how to develop a Positive Behavior Support Plan.	Parents and professionals.	Scheduled on a regular basis throughout the state and in response to requests.
Understanding ADHD	What is Attention Deficit Hyperactivity Disorder? How do you qualify? Who can diagnose it, prescribe medications, and offer counseling? Does a child with ADHD automatically qualify for an IEP? This training will answer these questions and many more. It will also provide strategies for parents to teach their children how to manage their symptoms. Also included are “Tips for Teachers” for specific instructional strategies that can be used in the classroom.	Parents and professionals.	Scheduled on a regular basis throughout the state and in response to requests.
Bullying	Parents can help their children with disabilities who are the targets of bullying by developing effective strategies for responding to bullying behavior. This workshop is designed to introduce parents and professionals to a range of intervention strategies for the child who is the target of bullying that can be used by the parent, the parent and child, and the family and school. It is intended as a general guideline, across all disabilities and age groups, for the development of a plan to address the unique needs of the individual child.	Parents and professionals.	Scheduled on a regular basis throughout the state and in response to requests.